GWALIA UNITED

GWALIA UNITED

MONEYFIELDS

USW SPORT PARK | 13 .9. 2026| 14:00

The FA Women's National League

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- invitations to special member events throughout the year.

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We are United 2gether for Women's Football in Wales.

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U16s Coach Hyfforddwr u16	Martin Chick
U16s Coach Hyfforddwr u16	Joel Hutton

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MANAGER'S WELCOME

WELCOME TO TODAY'S FA WOMEN'S NATIONAL LEAGUE FIXTURE AGAINST MONEYFIELDS.

It is hard to believe that we are only at the fourth weekend of the league season and already have a top-of-the-table clash between two unbeaten sides. That says a lot about the start both teams have made, but for us it is another opportunity to test ourselves against one of the strongest teams in the division.

Moneyfields come into today's game sitting at the top of the table and, like us, have made an unbeaten start. They will be full of confidence and will rightly feel they have earned their position through their performances so far. We know we will have to be at our very best to get something from the game.

For us, the focus remains on ourselves. We have made a positive start to the campaign, but we know there is still plenty of room for improvement. Every game gives us another chance to learn, to develop and to show the character and togetherness that we want this team to be known for.

We want the players to go out, enjoy the occasion, compete for every ball and show the quality that we know is within this group. We also know how important your support will be. The players feed off the atmosphere and encouragement from the stands, particularly in the difficult moments when the game can turn on a single challenge, decision or moment of quality.

So thank you, as always, for continuing to get behind us. We hope we can give you a performance that you can be proud of and, most importantly, enjoy another competitive FAWNL contest.

Mwynhewch y gêm.

CORI WILLIAMS-MILLS

MANAGER

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MEGAN BIBLE

Almost an exact calendar year to this very day, Gwalia United played Keynsham Town in FAWNL League Cup fixture away at Keynsham, won by a late strike by Katie Quick. On that day, one of the reasons that made that evening fixture particularly challenging for the Gwalia attack was the presence of Keynsham defender Megan Bible, who had been playing for the senior women's team since the age of 16. Little did any of us know that fast forward twelve months, Bible would be lining up alongside Quick in an increasingly formidable-looking defence.

Gwalia United have secured a significant defensive asset with the signing of Megan Bible, highlighted by the player of the match award in the recent game against Cheltenham Town at Kayne Lane. Megan is an accomplished and composed defender who brings both tactical intelligence and elite youth experience to the first-team squad. Her arrival reinforces the club's defensive unit and underscores a further commitment to developing top-tier footballing talent.

Bible's footballing foundation was established within the highly regarded SGS College football academy, where her standout defensive capabilities quickly attracted attention and earned her the 'Sportswoman of the Year' award. Her consistent performances culminated in selection for the England Colleges FA representative squad during the 2025—26 season. This international college exposure, combined with competitive senior appearances for Keynsham Town in the FA Women's National League, provided Bible with the physical grit and tactical awareness necessary to transition seamlessly into senior football.

Signing for Gwalia United in August 2026, Bible has adapted swiftly to the demands of the club. As a traditional yet modern defender, she excels in individual duels, displays exceptional positional discipline, and reads the phases of play with maturity beyond her years. Beyond her defensive duties, Bible serves as a vital starting point for the team's attacking transitions, recently demonstrating her ability and passing range to launch counter-attacks from the backline.

An England Colleges international in 2025 and Welsh-qualified through her father's side of the family, she is beginning to write a story of her own.Her Player of the Match performance against Cheltenham Town was testament to the diligence, work ethic and determination she has brought to her football. It was another chapter in what is becoming an increasingly compelling story, and, if her recent form is anything to go by, Megan Bible is only just beginning to write it.

Megan Bible
Photographed by Ben Brain
July 2026
USW Sport Park, Trefforest

MATCH REPORT

0-1

FA Women's National League Cup
Gwalia United were narrowly beaten 1-0 by Kidderminster Harriers Women at USW Sport on Sunday, with Amelia Hiscox's second-half goal proving the difference in a competitive encounter.

Anya Grunewald registered the first effort of the afternoon inside the opening minute, seeing her shot comfortably held by the Kidderminster goalkeeper. Gwalia continued to move the ball well, with some neat interplay between Grunewald and Katie Quick almost opening up the visitors once again.

The hosts continued to look lively going forward, with Molly Kehoe and Bonnie Gready beginning to cause problems through their movement and combination play. The pair linked well in attack on nine minutes, while Katie Davies and Esme Kilburn-Thompson also combined effectively down the right shortly afterwards, only for the assistant's flag to bring a promising attack to an end.

Kidderminster gradually settled into the contest and began to offer more of a threat themselves. Their first effort came on ten minutes as Grady's attempt sailed over the crossbar, while Megan Bible had earlier dealt well with a dangerous attack from Bevan.

Photos Courtesy of @graceparker_creative

Gwalia continued to create opportunities and came close to breaking the deadlock on 17 minutes. Quick and Kehoe combined superbly before releasing Gready, whose effort was well saved by the Kidderminster goalkeeper. The hosts remained positive in possession and continued to look for openings, with Gready again involved shortly afterwards as the ball almost fell kindly for Kehoe inside the area.

As the half progressed, the pace of the game settled, with Kidderminster growing increasingly comfortable in the contest. Gwalia were briefly caught switching off in midfield on 43 minutes, allowing the visitors an opportunity to shoot, although the resulting effort went wide.

The home side responded with some excellent defensive work late in the half. Cerys Jones showed good awareness and composure to deal with a dangerous cross into the Gwalia penalty area as Kidderminster looked to create one final opportunity before the break.

The second half continued in much the same competitive fashion, with both sides battling strongly for control but neither able to turn their pressure into a clear-cut opportunity. The breakthrough eventually came from an unfortunate moment for Gwalia. A speculative ball forward took a difficult bounce, allowing Amelia Hiscox to react quickly and cleverly scoop the ball over Ameliah Yarwood and into the net.

Photos Courtesy of @graceparker_creative

Gwalia attempted to respond and continued to work hard, with the changes bringing life off the bench. Gwalia threw the proverbial kitchen sink at the Harriers defence in the final 15 minutes but could not unlock the opponents' defence. Ultimately, the hosts were unable to find an equaliser and Kidderminster held on for a 1—0 victory.

While the result was disappointing, the fixture provided another valuable opportunity for Gwalia to rotate the squad, manage minutes and give players the chance to stake their claim for further involvement. There were also encouraging signs in the attacking combinations during the first half, with Quick, Kehoe, Gready and Grunewald particularly lively as Gwalia created several promising openings.

The focus now turns to the next fixture, with Sunday's game against Moneyfields providing another important fixture in the League.

Tickets for that game available here

Game report in conjunction with:

Photos Courtesy of @graceparker_creative

"I AM FEELING REALLY POSITIVE WITH MY FORM AT THE BEGINNING OF THIS SEASON, HAPPY TO HAVE ANOTHER 90 MINS IN THE BAG. I'M CONFIDENT THAT GWALIA AND FAWNL WILL SEE WHAT I PERSONALLY, AND THE TEAM CAN ACHIEVE THIS COMING SEASON"

BONNIE GREADY

POTM GWALIA UNITED V KIDDERMINSTER HARRIERS

"WE ARE HAPPY WITH TWO WINS FROM TWO IN THE LEAGUE. HOWEVER, WE WANT TO KEEP BUILDING AND KEEP OUR OWN STANDARDS HIGH."

CORI WILLIAMS-MILLS

GWALIA UNITED MANAGER BEFORE GAME V MONEYFIELDS

ADOBE WOMEN'S FA CUP

LOCATION TO BE CONFIRMED - DEPENDENT ON DRAW

SUNDAY 4 OCTOBER 2PM

Adobe WFA CUP

TODAY'S SQUADS

CARFANNAU HEDDIW

	LAURA **O'SULLIVAN-JONES***	1	13	GEORGIA **JENKINS**
	ELLIE-MAI **SANFORD***	2	1	MIA **KING**
	ELIN **THOMAS**	3	24	GRACIE **MENSAH-BONSU**
	KATIE **QUICK***	4	21	POPPY **SHINE**
	MEGAN **BIBLE**	5	6	SKYE-LOUISE **GRANGER**
	BONNIE **GREADY**	7	11	KIERA **HESLAM**
	ANYA **GRUNEWALD***	8	22	AMBER **HOWDEN**
	ELIZA **COLLIE**	9	#	EMMA **MOODY**
	MANON **PEARCE***	10	3	MOLLIE **PEACHEY**
	ESME **KILBURN-THOMPSON**	11	5	SOPHIE **PHELPS**
	CORI **WILLIAMS-MILLS***	12	20	DREAM **SURIN**
	MOLLY **KEHOE***	14	2	OLIVIA **VENDITTO**
	EMMA **THOMAS***	16	15	ISABELLA **CARUGATI**
	DAISY **ACKERMAN***	17	16	AIME **CHIDDLE**
	CALLIE **JONES***	19	17	MEGAN **FOX**
	ISSY **NEWNS**	20	10	BRITANNY **JEAL**
	SUMMER **EVANS**	21	14	SOPHIA **PHAROAH**
	IMI **SCOURFIELD***	22	8	BEHAK **TONKS**
	CERYS **JONES***	23	16	RILEY **BARNETT**
	JESSICA **COCKAYNE**	24	9	KAYLEE **BUCKINGHAM**
	BENEDICTE **HAALAND***	26	18	SHERISE **HENRY**
	KYLIE **NOLAN***	27	23	LIBBY **HESTER**
	KATIE **DAVIES**	28	7	ELLA **HUMPHREY**
	AMELIAH **YARWOOD***	31	12	TIERNEY **SCOTT**

*Age Grade International *Full International

HANNAH GARDNER (REFEREE)
CHARLOTTE SPARLING HAYTHORNWAITE (ASSISTANT REFEREE)
GARETH DUNN (ASSISTANT REFEREE)

The FA Women's National League

Pos	Club	P	W	D	L	GD	PTS
1	Moneyfields	3	3	0	0	12	9
2	Bridgwater United	3	3	0	0	10	9
3	Wycombe Wanderers	3	3	0	0	4	9
4	Gwalia United	2	2	0	0	7	6
5	Abingdon United	3	2	0	1	-2	6
6	Torquay United	2	1	0	1	5	3
7	Bournemouth Sports	3	1	0	2	-1	3
8	Bristol Rovers	3	1	0	2	-3	3
9	Maidenhead United	3	1	0	2	-3	3
10	Keynsham Town	3	0	0	3	-4	0
11	Marine Plymouth Academy	3	0	0	3	-7	0
12	Ascot United	3	0	0	3	-18	0

The FA Women's National League

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WE GIVE OUR HEARTFELT THANKS AND APPRECIATION TO THE FOLLOWING FOR SUPPORTING WOMEN'S FOOTBALL IN WALES AT GWALIA UNITED

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GWALIA UNITED

LEAGUE FIXTURES

AUGUST

SUN 16 (A) ASCOT UNITED — WON 0-6
SUN 23 (H) BOURNEMOUTH SPORTS — WON 1-0
SUN 30 (A) TORQUAY UNITED — POSTPONED

SEPTEMBER

SUN 13 (H) MONEYFIELDS
SUN 20 (A) WYCOMBE WANDERERS

OCTOBER

SUN 11 (H) KEYNSHAM TOWN
SUN 18 (A) MAIDENHEAD UNITED
WED 28 (H) BRISTOL ROVERS

The FA Women's National League

GWALIA UNITED

LEAGUE FIXTURES

The FA Women's National League

NOVEMBER

SUN 8 (A) MARINE ACADEMY PLYMOUTH
SUN 22 (H) ABINGDON UNITED
SUN 29 (A) BRIDGWATER UNITED

DECEMBER

SUN 6 (A) BOURNEMOUTH SPORTS
SUN 13 (H) ASCOT UNITED

JANUARY

SUN 10 (H) TORQUAY UNITED
SUN 24 (A) MONEYFIELDS

MATCH DAY MASCOTS

4 Oct	FA CUP (Game TBC - Not yet drawn)	Canton u9s
11 Oct	KEYNSHAM TOWN	Portskewett and Sudbrook JFC
25 Oct	FA CUP	Taff's Well u16s
29 Oct	BRISTOL ROVERS (Game TBC)	Available
22 Nov	ABINGDON UNITED	Cascade u8s
13 Dec	ASCOT UNITED / FA CUP RD 3	Available
10 Jan	TORQUAY UNITED	Available
7 Feb	MAIDENHEAD UNITED	Available
28 Feb	MARINE ACADEMY PLYMOUTH	Available
28 Mar	BRIDGEWATER UNITED	Available
11 Apr	WYCOMBE WANDERERS	Available

TO REGISTER: HANNAH@GWALIAUNITED.COM

MASCOTS' WELCOME

FROM WALES AND GWALIA GOALKEEPER

LAURA O'SULLIVAN-JONES

"OH GREAT! - WE HAVE PORTSKEWETT SUDBROOK AND COGAN WITH US TODAY!"

LAURA O'SULLIVAN-JONES
WALES AND GWALIA GOALKEEPER

When I heard that today's mascots were from Portskewett & Sudbrook JFC and from Cogan Coronation, I thought oh this is going to be great! We really need your help today on the sidelines to shout and support the players, and it is fantastic that you are here today as our official mascots.

We have a little saying at Gwalia that we hope you enjoy being with us as we enjoy having you with us, and we really mean it.

Remember: Rule Number One: when the game is on - shout loudly!!

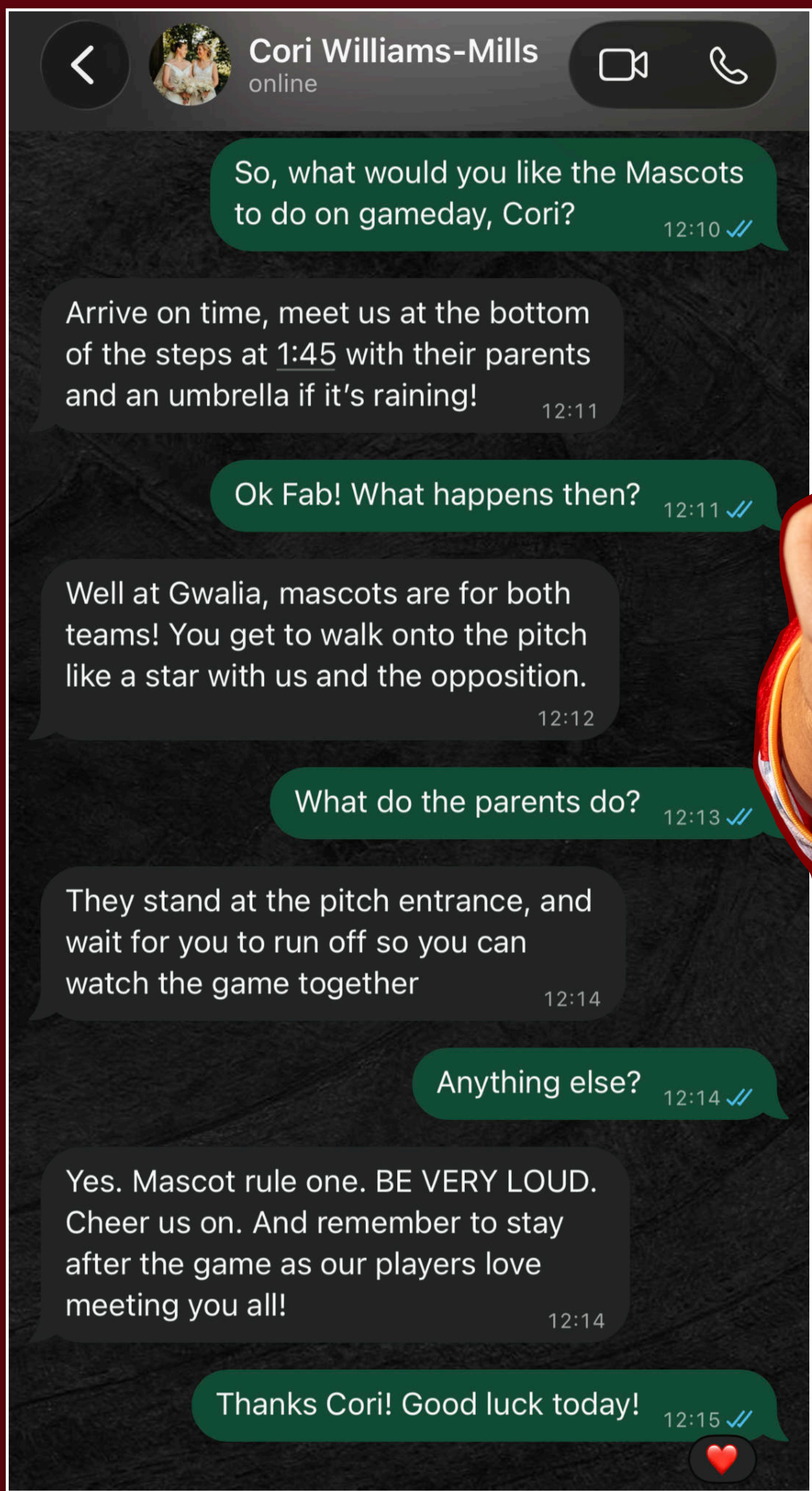
More importantly however, as a Wales international goalkeeper, I know how important it is for you all as mascots to be in safe hands, and this is why I have asked Cori our manager, and Manon one of our star players to give you a little guide on the next page for you to know what to do and when.

I really hope you enjoy today. It's what our games are all about, and we want you to come back for every single game!

PORTSKEWETT & SUDBROOK JFC & COGAN CORONATION

THIS IS YOUR OFFICIAL MATCHDAY MASCOT BRIEFING

FROM CORI WILLIAMS-MILLS (MANAGER) AND MANON PEARCE (NO.10)



CAPTAIN CERYS

For Gwalia United captain Cerys Jones, football was never something that was mapped out from the beginning. In fact, her journey into the game started in a rather unexpected way - through netball.

“I first started playing football through my school,” Cerys explains. “There was a girls’ football tournament coming up, but we didn’t have a girls’ football team, so my teacher took our netball team to play.”

That one decision would prove to be the start of something special. Following the tournament, Cerys’ teacher asked whether she would be interested in joining a football club and helped her find the nearest team. It was there that Cerys properly began her football journey and, more importantly, discovered a genuine love for the game.

That love for football has taken her a long way since those early days. Cerys has represented Wales at age-group level and was also given the honour of captaining her country, experiences which have undoubtedly helped shape the player and leader she is today.

Cerys Jones, July 2026 Photographed by Ben Brain Photography

Her football journey then took her away from Wales and to the south coast of England, where she studied at the University of Brighton. Three years in Brighton provided plenty of memories, both on and off the pitch. While completing her degree, Cerys played for Brighton's academy and also had the opportunity to train with Lewes during their time in the Championship.

But last year, Cerys decided to step away from football for a while and take a different kind of journey, one that would take her thousands of miles from the pitch.

"I DECIDED TO TAKE SOME TIME AWAY FROM FOOTBALL AND TRAVEL, WHICH WAS AN INCREDIBLE EXPERIENCE"

The adventure began in Canada, where she visited a friend who is still playing football there, before heading south and travelling through South America. From Ecuador through to Brazil, Cerys experienced some of the most spectacular sights the continent has to offer.

Among the highlights was completing the Inca Trail to Machu Picchu in Peru, visiting Christ the Redeemer in Rio de Janeiro and spending time in Buenos Aires. One particular experience that stands out is her visit to the incredible Iguazu Falls, which she saw from both the Brazilian and Argentine sides.

"IT WAS INCREDIBLE SEEING THE FALLS FROM THE DIFFERENT VIEWPOINTS," SHE RECALLS. "WE EVEN WENT ON A SPEEDBOAT WHICH TOOK US RIGHT UP CLOSE TO THE FALLS - SUCH AN AMAZING EXPERIENCE!"

Travel has clearly become a huge part of Cerys' life, with experiencing different cultures and seeing new parts of the world something she really enjoys. And while New Zealand is next on her travel wish list, for now her focus is firmly back on football and the season ahead.

Christ the Redeemer, Rio De Janerio, Brasil

Vinicunca, Peru

Machu Picchu, Peru

Photos Courtesy of Cerys Jones Instagram

Away from football, Cerys is a primary school teacher, a role which perhaps gives another insight into the qualities she brings to the football pitch. She also enjoys nothing more than settling down with a good book, particularly romance novels. While she prefers a good paperback, she admits her Kindle is particularly useful when travelling. Ana Huang is a particular favourite, while she also enjoyed the Windy City series.

"I'M REALLY LOOKING FORWARD TO THE RESPONSIBILITY OF BEING CAPTAIN THIS SEASON AND WHAT THE ROLE WILL BRING," SHE SAYS.

Having already captained Wales at age-group level, Cerys knows something about leadership, but taking the armband for Gwalia represents a new chapter in her football journey. From a school netball team unexpectedly entering a football tournament, to representing Wales, playing in England, travelling across South America and now leading Gwalia United, it has certainly been quite a journey. And as she steps onto the pitch this season wearing the captain's armband, there is little doubt that Cerys will bring the same enthusiasm, character and love for the game that started all those years ago.

GUESS THE PLAYER?

a) BENEDICTE HÅLAND

b) KATIE QUICK

c) EMMA THOMAS

d) ELLIE-MAI SANFORD

VAR

VIEWS ANSWERS RESPONSES

FAVOURITE FOOTBALL MEMORY
Getting my 1st international cap with England Colleges

ONE THING YOU CANNOT LIVE WITHOUT
My Stanley water bottle

FAVOURITE SUBJECT IN SCHOOL
Food Technology

ALL TIME FAVOURITE MOVIE?
The Holiday

BEST PLAYER YOU'VE PLAYED WITH
Jade Radburn

BEST PLAYER YOU'VE PLAYED AGAINST
Annie Colston

WHAT'S YOUR PRE-MATCH ROUTINE?
Music and a Squares Bar

WHAT'S ON YOUR PRE-MATCH PLAYLIST?
House Music

BIGGEST INFLUENCE ON YOUR CAREER AND WHY
Brodie Olive - made me fall back in love with the game a few years ago through SGS

SOMETHING PEOPLE WOULD NOT KNOW ABOUT YOU
I'm a quarter Welsh

SPORT PDC USW

IF YOU ARE PARKING AT USW SPORT YOU WILL NEED TO DOWNLOAD THE TRUST PARKING APP (LOGO BELOW)

Trust

NEXT HOME GAME

SUNDAY 11 OCTOBER 2026 2PM

KEYNSHAM TOWN

GWALIAUNITED.COM